

The kinship local offer

What is the 'kinship local offer'?

The kinship local offer should provide information about all support and services available to kinship carers in the local area. It could be online or printed but it needs to be relevant to all types of kinship care arrangement. It should be underpinned by the principle that support should be based on the need of the child not merely by legal status.

The kinship local offer should include what support is available, who is eligible, how to access it, and how decisions are made - all in plain language.

Family and friends care policies

Local authorities have been required to publish a 'family and friends care policy' or similar since 2011. However, we know that too many local authorities didn't publish these clearly and accessibly, didn't update them regularly enough, and often didn't show how they had been informed by the views of kinship families.

Kinship local offers will now replace these policies, and updated guidance sets out what they should contain and how they should be delivered (more on that below). Local authorities may still use their old family and friends care policy as a starting point for creating their kinship local offer so it's worth taking a look at it, if it's available.

Making your local authority's kinship local offer as good as possible

We want local authorities to be creating a kinship local offer that is produced with kinship carers and is as strong and useful as it can be. Some local authorities will do this without prompting, while others may need convincing to do it right.

Getting in touch with your local authority now and asking them how they're engaging kinship carers in their work around the kinship local offer is an important first step and can mean the difference between a good and bad local offer.

You'll also be in a good position to build a relationship with your local authority and may be able to help them shape the kinship local offer long term.

How to approach your local authority

You may have a contact in your local authority and they could be a good place to start. If you don't, try these options:

- You can find a contact email or phone number on our website by looking up your local authority: https://kinship.org.uk/support-and-advice/kinship-compass/
- You could also contact your local authority's Director of Children's Services here: https://www.adcs.org.uk/directory/directory_list/directors-of-childrens-services/



• If you're struggling to get a response from the local authority, you could contact the councillor with responsibility for kinship care, known as the lead member for children's services. You should find their details on your local authority's website.

What should I say to encourage a meeting and get it in the diary?

You should write an email inviting them directly to a meeting, offering your experiences and expertise as a kinship carer to support them in developing their kinship local offer.

Or, if you're part of a peer support group, you could invite the local authority contact to meet with your group members to hear directly from them about the challenges they are facing as kinship carers locally and how the kinship local offer could support in providing information about relevant support.

You could also get creative – why not write a letter or email that also includes a drawing from your kinship child, offering the above but adding this personal touch?

Do your research

It will be helpful for you to do some research ahead of any meeting you have with the local authority, to get a sense and an understanding of whether your local authority has started to develop the kinship local offer.

Take a closer look at what your local authority is offering by:

- Heading to https://kinship.org.uk/support-and-advice/kinship-compass/
- Type in your town/city/local authority and click search
- A list of the sections will appear if you choose 'Support from your local authority' you will be taken automatically to this section
- Here you can click through to your local authority's website and you can take a look at what may be available and if you are able to find a friends and family policy, local offer or other information that is useful for kinship carers
- You can also repeat these steps to take a look at your neighbouring local authorities as a comparison which may be a useful topic of discussion during your meeting.

Remember, not all local authorities will have started the kinship local offer process and may not have a document available, this is not necessarily a bad thing. It just means you have got your foot in the door early and your voice could help shape what is to come.

Topics you could cover at the meeting

Once you have secured a meeting with your contact, think about what you would like to focus on. Here are some suggestions of questions you could ask as conversation starters.

- How are you currently supporting kinship families?
 - o Is there a team? If so, who do they offer support to?
- How is this offer of support communicated to kinship families?
- Are you currently signposting kinship families to other support e.g. Kinship or other charities?
- Have you recently reviewed or updated your kinship policy?



- Can you share how your allowances and policies compare with neighbouring local authorities?
- How can kinship carers support the LA to look at the kinship local offer and how this is embedded into the community?
 - o This could be your hook to get another meeting in the diary to discuss this area or other areas you identified above more broadly and offer to feed in.

What could the kinship local offer include?

The local offer could include support and services on lots of different issues. These include:

- Support groups and training
- Financial support
- Supporting kinship carers to stay in work
- Accommodation
- Education
- Supporting family time
- Family Group Decision Making
- Legal support
- Therapeutic support

More in-depth conversations with your local authority

For more in-depth conversations about the local offer here are some topics and questions you could ask your local authority.

Support groups and training

Support groups for kinship carers can be run by local authorities, charities such as Kinship or by groups of kinship carers locally. Your local authority should know what support groups exist and be able to signpost to kinship carers. Your local authority may also provide training for new and existing kinship carers.

Kinship's research indicates only 3 in 10 kinship carers had been signposted by their local authority to other places where they could get support.

Questions to ask your local authority on support groups and training:

- Does the LA run a support group for kinship carers and who can access this group?
- Does the local authority offer training to kinship carers and can all kinship carers regardless of legal status access this training?
- Do you signpost kinship carers to training and support including peer support via kinship the charity?
- Do kinship families in your area have access to trauma-informed mental health support?

A couple of prompting questions for kinship carers to reflect on their own experiences and how they could use these to ask about the LA offer (we can help with this).



Financial support

Some local authorities offer financial support to kinship carers as part of their kinship local offer and some don't. What local authorities offer differs across the country - some may offer a small allowance for a set period and some may match the allowance with the national minimum fostering allowance. Often allowances are based on the legal order and many local authorities operate a blanket policy and deduct child benefit which goes against government guidance.

Kinship's annual report 2024 highlights that kinship carers continue to face significant hardship, and their greater reliance on welfare support leaves them vulnerable to financial insecurity. Kinship carers are four times more likely to have had a direct debit, standing order or bill they weren't able to pay in the last month and 8% of kinship carers were using food banks because of increases in the cost of living.

Questions to ask your local authority on financial support:

- What does this look like for your local authority?
- What is their policy for financial allowances?
- Has this been reviewed in line with government guidance and recommendations?
- Are they offering financial support based on the child's needs—or on their legal label?
- Do they deduct child benefit?
- Do you offer anonymous ways for carers and young people to give feedback safely, such as online forms or third-party interviews?
- What steps could be taken to reduce inequality between formal and informal kinship carers?

A couple of prompting questions for kinship carers to reflect on their own experiences and how they could use these to ask about the LA offer (we can help with this).

Supporting kinship carers to stay in work

For many kinship carers, taking on the care of a child has a big impact on their working life. Some carers have to give up jobs altogether, while others move to part-time or flexible working. This loss of income can add to financial strain and contribute to isolation. At the same time, being able to stay in work can provide financial stability, social connection, and a sense of identity outside of caring.

Kinship's annual survey shows that almost half (48%) of kinship carers said they had to give up work or reduce their hours after becoming a carer, and around 1 in 3 carers told us they struggle to balance employment with their caring responsibilities. Too often, carers feel they have to choose between supporting their family and maintaining employment.

Questions to ask your local authority on work support:

• Does the local authority provide any support to help kinship carers stay in work, such as flexible contact arrangements, respite care, or childcare support?



- Do they work with local employers or Jobcentre Plus to raise awareness of kinship care and carers' rights at work?
- Are kinship carers routinely signposted to employment advice or financial planning support?
- Are allowances or other financial supports designed to recognise the impact of lost earnings?
- Are there specific policies in place to prevent kinship carers from being penalised for trying to remain in employment?

Prompting reflections for kinship carers:

- How did becoming a kinship carer affect your working life?
- Did you feel supported by the local authority in balancing work and caring responsibilities?
- Are there particular times (e.g. school holidays, during contact) when you feel more support could make a difference to your ability to work?

Contact the Kinship campaigns team on <u>comms@kinship.org.uk</u> for support with working with your local authority on the kinship local offer.